

New Client Questionnaire

Welcome! Tell me about yourself.

Name	<input type="text"/>	Birthdate	<input type="text"/>
Address	<input type="text"/>	Age	<input type="text"/>
City	<input type="text"/>	Height	<input type="text"/>
State/Prov	<input type="text"/>	Weight	<input type="text"/>
Zip/PostCode	<input type="text"/>	Gender	<input type="text"/>
Country	<input type="text"/>	Occupation	<input type="text"/>
Email	<input type="text"/>	Phone	<input type="text"/>

How did you learn about me?

I understand that: 1) Mineral-Nutritional Balancing is a means to reduce stress and balance body chemistry. 2) Amahl B. Van Halsema is not a medical doctor. 3) Nothing here is intended to discourage me from seeking or following the advice of a medical doctor. 4) This is not meant to diagnose, treat or cure any diseases and isn't a substitute for standard medical care.

Sign or type your name

Date

What are your main health concerns or conditions?

Write the details of your health history starting when you can remember feeling well and on from there. Include any vaccinations, illnesses

What medications and/or supplements are you currently taking? Include Botox/Dyport if using now or used in the past.

List any 'out of range' (high or low) results from recent medical tests (e.g. blood tests).

List illnesses in your immediate family (e.g., heart disease, cancer, TB, diabetes, arthritis).

What kind of movement/exercise do you do and how often?

Approximately how many hours of sleep do you get each 24 hours and what is the quality?

List therapies, diets, supplements, medications, etc. that you've found helpful.

List therapies, diets, supplements, medications, etc. that haven't worked well for you.

What are typical examples of your meals and snacks?

Breakfast <input type="text"/>	Beverage <input type="text"/>
Mid-morning Snack <input type="text"/>	Beverage <input type="text"/>
Lunch <input type="text"/>	Beverage <input type="text"/>
Mid-afternoon Snack <input type="text"/>	Beverage <input type="text"/>
Dinner <input type="text"/>	Beverage <input type="text"/>
Evening Snack <input type="text"/>	Beverage <input type="text"/>

Health Issues & Life Experiences

- acne
- addiction – alcohol
- addiction – other substances
- addiction – other
- allergies – other than food
- anemia
- anger
- angina
- anxiety
- arteriosclerosis
- arthritis – osteo
- arthritis – rheumatoid
- asthma
- attention deficit disorder
- autism
- bipolar disorder
- bloating
- blood pressure – lo
- blood pressure – high
- body temperature – lo
- brain fog
- bronchitis
- bruising – easy
- bursitis
- cataracts
- cholesterol – high
- circulation – poor
- cirrhosis
- cold – feeling of
- colitis
- confusion
- constipation
- cough
- depression
- dermatitis
- development – delayed
- diabetes
- diarrhea
- diverticulitis
- dizziness
- dry skin
- dyslexia
- eczema
- emphysema
- eyes – glaucoma
- eyes – macular degeneration
- fatigue
- fear
- fissures
- food – allergies
- food cravings – fats
- food cravings – starches
- food cravings – sweets
- food cravings – other
- food – can't skip meals
- fractures

- gallstones
- gout
- hair loss
- headaches – migraine
- headaches – sinus
- headaches – tension
- heart attack
- heart – atrial fibrillation
- heart – palpitations
- heart rate – rapid
- heartburn
- hemorrhoids
- hives
- hunger – excessive
- hunger – little to none
- hyperkinesis
- hyperglycemia
- hyperthyroidism
- hypoglycemia
- hypothyroidism
- infection – bacterial
- infection – fungal / candida
- infection – urinary tract
- infection – viral
- infertility
- intestinal gas
- irritability
- irritability – before meals
- joint pain
- joint stiffness
- kidney infections
- kidney stones
- learning disability
- memory – poor
- meniere's disease
- mind racing
- mood swings
- multiple sclerosis
- muscle – cramps
- muscle – pain
- muscle – weakness
- neuritis
- obsessive/compulsive
- osteoporosis
- panic attacks
- parkinson's disease
- postnasal drip
- psoriasis
- schizophrenia
- scleroderma
- seizures
- sinus – congestion
- sleep – insomnia
- sleep – disturbance
- smoking
- stomach pain

- sugar reactions
- suicidal thoughts
- teeth – decay
- teeth – dental amalgams
- teeth – excessive plaque
- teeth – gum disease
- triglycerides – high
- tumors/cancer
- ulcer
- urination – frequent
- urination – painful
- vertigo
- water retention
- weight – tend to gain
- weight – tend to lose
- wound healing – slo

Men

- impotence
- prostate problems

Women

- breasts – fibrocystic
- breasts – tumors
- cramps
- fibroid tumors
- hot flashes
- menopause
- menstruation – none
- menstruation – heavy
- menstruation – irregular
- menstruation – light
- ovarian cysts
- pap smear – abnormal
- pregnant – currently
- premenstrual syndrome
- water retention
- yeast infection

Trauma

- abuse – emotional
- abuse – physical
- abuse – sexual

Comments